

Health and Safety

Introduction

The Health and Safety at Work Act (1974) imposes a general duty on employers to make sure that their workplaces are safe and offer no risk to health, but the act goes beyond employers and health and safety is the responsibility of employees too.

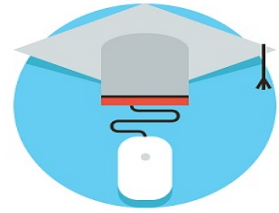
This e-learning course sets out to provide the basic principles of health and safety. It creates an awareness of key health and safety principles and highlights the risks that are prevalent in the workplace, explaining both what the risks are as well as what should be done to avoid and remove them. It also describes what should be done when accidents occur and the measures that should be put in place to avoid them happening again.

Apart from Schools, this course is free for Sefton Council employees and Councillors. Charges apply for all other organisations:

- Individual license - £32 per person
- Group license (more than 10) - £27 per person

Please contact us at training.services@sefton.gov.uk if you wish to obtain a group licence.

By enrolling on this course you are agreeing to the terms set in our charging policy which can be found [here](#). Once enrolled on this course, you will be billed accordingly.



Audience

This course is for anyone who needs to understand basic principles of health and safety.

Objectives

- describe the extent of health and safety accidents at work
- explain their responsibilities and the responsibilities of their employers
- say why health and safety training at work is important
- explain what a hazard is and the different ways of dealing with them
- describe how risk is assessed and managed
- explain why reporting accidents and near misses is important
- describe the reporting steps to take if there is an accident
- have a general understanding of work-based areas of health and safety including; musculoskeletal disorders, workstation and DSE equipment, manual handling, slips, trips and falls, working at height, COSHH, fire, electricity, noise and stress.

Modules

This course contains the following modules:

Module name

Health and Safety

Health and Safety : Assessment Quiz

Content

- Module 1: Why health and safety is important
- Module 2: Accidents, hazards and risks
- Module 3: Preventing accidents and reducing risks
- Module 4: Areas of health and safety – an overview
- Module 5: Assessment and certificate

