

Introduction

You will gain the skills and confidence to help someone who may be considering suicide.. The course will take approximately 20 minutes to complete and you will get a certificate when you have completed the training.

This course is **free of charge.**



Audience

This course is recommended for all employees as anyone can learn how to have a potentially life changing conversation.

Objectives

You will learn:

- How to spot suicide warning signs
- How to have a conversation with someone you're worried about
- Where to signpost to for further support
- That suicide is preventable

Modules

This course contains the following modules:

Module name Suicide Awareness

Content

